

teton BEHAVIOR Therapy

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tetonbehaviortherapy.com

EXPERIENCED
CONFIDENTIAL
DEDICATED TEAM APPROACH

PARENT + TEEN COACHING FOR EXECUTIVE FUNCTION DEFICITS + ADHD

Refocusing Executive Functioning supports children in becoming more independent and responsible while helping parents feel less stressed and more balanced.

Executive Functioning Skill Building Workshops focuses on helping the student develop and build strategies to support long-term academic success.

- Weekly sessions with parents and children struggling with attention, motivation, or organization to promote positive performance at school and healthy relationships with family.

- Private or Group 8-week Executive Function Skill Building Workshops

- A collaborative approach to strategizing systems and improving to pre-existing structures.

- Tailored weekly skill development paired with practical application of current homework

- Help implement skills that have helped past families feel more in balance.

- Academic support and tutoring for all grade levels

- Motivational interviewing techniques that help determine what is important to the parent and child, and what kind of family member they want to be.

- A comprehensive executive functioning assessment and full report

- Pre and post consultations for parents to explore goals and evaluate progress.

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