

TBT's Social Emotional Skill Building Adventure Camp



WHEN: June 18-23 /July 23-27/ August 13-17/ 9am-5pm

WHO: Ages 9-12 & 13-16

WHERE: Most activities will be based outdoors and will change daily.

HOW: \$550/week **Insurance accepted in many cases. ***Scholarships available. Space is limited. To register or for more information please contact: info@tetonbehaviortherapy.com or 307-734-6040.

INCLUDED: Instructors possess at minimum Bachelor's degrees and are professional Social Workers, Teachers, and Academic Coaches

Join Teton Behavior Therapy this summer and embark on a journey of self-discovery. We will participate in many great opportunities where your child will have the opportunity to improve on their social/emotional skills, and to gain more self-confidence. Your child will have many opportunities to receive guidance in building and maintaining lasting friendships, to receive encouragement to try new things and to stick with challenging tasks and adventures.

We will focus on activities that address a variety of topics that will include:

Assertiveness- how to stand up for yourself and get what you need

Anti-violence- conflict resolution- hands are for helping!

Self Esteem-- how we think, impacts how we feel

Healthy body image-- we are wonderful just as we are and we are all different

Anti-bullying-- how to not bully and how to stand up to bullying

Creative expression of emotions-- writing, dance, drawing, etc.

Social Skills- how to make friends and keep them

Communication skills- listening, body language, etc.

Healthy relationships- (sexual abuse prevention/healthy boundaries)

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BEHAVIOR
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