

# **TBT, LLC - Teton Behavior Therapy** Mailing: PO Box

2299, Jackson, WY 83001

Physical: 420 W Pearl Ave, Jackson, WY 83001

89 N. Main Street, Suite 203 Driggs, Idaho,

Phone: 307-734-6040 // Fax Line: 307-460-7343

## **New Client Policy**

Thank you for choosing Teton Behavior Therapy (TBT, LLC). We are committed to building a successful relationship with you and your family. Please let us know if you have additional questions after reading this. We look forward to working with you!

### **TBT Services Provided:**

TBT provides mental health counseling for children, adolescents, adults, and families. Referrals are available when TBT is unable to provide a requested or needed service.

### **Jackson, WY Location:**

Our Jackson offices are located at 420 W Pearl Street, in the blue building, on the second floor. For all office visits, please use street parking.

### **Driggs, ID Location:**

Our Driggs offices are located at 89 N. Main Street, Driggs, Idaho, in the old courthouse building. We are in upstairs Suites 203.

### **Pinedale, WY Location:**

Our Pinedale offices are located at 5 East Magnolia Street, Pinedale, Wyoming.

### **Office Hours:**

Wyoming and Idaho office hours are from 9am-5pm, Monday-Friday, although exceptions may be made on a case-by-case basis. Our main phone number for TBT is (307) 734-6040. Support line 307-203-4641, hours of availability: Monday-Friday 9AM-7PM, Saturday & Sunday 12PM-4PM.

### **TBT Clinical Rates:**

Standard Therapy Rate	Wyoming Intake \$250 Wyoming Therapy Session \$200	Idaho Intake \$200 Idaho Therapy Session \$150
Masters Level Therapist Intern	\$75/ Intake \$50/Session	\$75/Intake \$50/Session
Psychological Testing	\$200/hour	\$200/hour
Consultation/Crisis	Wyoming \$50/15 minutes	Idaho \$37.50/15minutes

Sessions typically last 50 minutes as this gives us a few minutes to transition to the next individual or family. Take note that most often family therapy, clinical observations, conversations, and

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consultations are not billable to insurance, therefore the client will be financially responsible. Crisis sessions/conversations may be billed at a higher rate. **If you have Medicaid, Medicare, Crime Victims Compensation, or DFS coverage, then these fees may not apply to you.**

### **Insurance Claims:**

It is **your responsibility** to check with insurance to ensure that TBT, LLC (doing business as Teton Behavior Therapy) is in-network with your specific plan in the state that you are receiving services in (either Idaho or Wyoming). We are currently in network for Blue Cross Blue Shield of Wyoming, Blue Cross of Idaho, Idaho & Wyoming Medicaid, Idaho & Wyoming Medicare, United Healthcare, Regence Blue Shield of Idaho. If you utilize another insurance plan, you will be responsible for payment of each session at the time of the session and we can submit "superbills" electronically to your provider to go towards your out-of-network benefits. Please complete the attached insurance documentation so we can be prepared to discuss your plan.

### **Client Financial Responsibility:**

**We require a credit card on file before your first session.** Clients are responsible for the cost of service at the time of service. If TBT has your current verification of insurance benefits on file, your anticipated out of pocket costs will be charged on the day of service. Missed sessions fees for “no shows” or late cancellations must be paid before scheduling your next session. If you would like to receive a monthly receipt of services please contact our Billing Team at [billing@tetonbehaviortherapy.com](mailto:billing@tetonbehaviortherapy.com).

### **Financial Responsibility for Psychological Testing:**

We require a 50% deposit to be paid before scheduling the first testing appointment. The remaining balance will be due before meeting with Dr. Williams to review the results. If we are not in network with your insurance provider, we are happy to provide you with a superbill.

### **Financial Assistance:**

Reduced fee options upon approval. To see if you might qualify please contact our Billing Team at [billing@tetonbehaviortherapy.com](mailto:billing@tetonbehaviortherapy.com).

### **Missed Appointments:**

The time of your appointment is reserved exclusively for you. We require a 24-hour notice of cancellation. Missed appointments without 24-hours notice will result in a \$75 charge from the practice for the first time, full charge for additional.

### **Paperwork:**

Attached you will find the initial intake paperwork. You can print these out and bring them with you to your first session, or you can fill them out when you arrive.

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**Consent to Treatment:** I do hereby seek and consent for my child/self to take part in treatment by a TBT therapist. I understand that developing a treatment plan with this therapist and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process. I understand that no promises have been made to me as to the results of treatment or of any procedures provided by this therapist. I am aware that I may stop treatment with this therapist at any time. However, I recognize that I will still be responsible for paying for the services I have already received. I understand that I may lose other services or may have to deal with other problems if I stop treatment. (For example, if my treatment has been court ordered, I will have to answer to the court.)

\_\_\_\_\_ (initial) I have read, understand, and agree to Teton Behavior Therapy's new client policy (Page 1).

\_\_\_\_\_ (initial) I understand that the payment is due at the time of service unless other arrangements have been confirmed with TBT Billing team.

\_\_\_\_\_ (initial) I understand that my credit card on file will be charged for costs related to treatment on the day of treatment or upon TBT receipt of your insurance contribution or lack thereof. (This date varies with insurance providers)

\_\_\_\_\_ (initial) I know that I must cancel an appointment at least 24 hours (1 day) before the time of the appointment or my credit card will be charged for that missed appointment fee.

\_\_\_\_\_ (initial) I understand that if I have an outstanding balance for the services I received, treatment may be paused until payment arrangements have been confirmed with TBT Billing Team.

\_\_\_\_\_ (initial) I authorize the release of medical information necessary to process any of my insurance claims. I authorize payment of medical benefits directly to TBT, LLC for services rendered. I am aware that an agent of my insurance company or other third-party payer may be given information about the type(s), cost(s), date(s), and providers of any services or treatments I receive.

\_\_\_\_\_ (initial) I hereby acknowledge that I have received and have been given an opportunity to read a copy of TBT's Notice of Privacy Practices (Pages 10-12). I understand that if I have any questions regarding the notice of my privacy rights, I can contact TBT at 307-734-6040.

Copy accepted by client \_\_\_\_\_ Copy kept by therapist \_\_\_\_\_

My signature below shows that I understand and agree with all of these statements.

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

I, the therapist, have discussed the issues above with the client (and/or his or her parent, guardian, or other legal representative). My observations of this person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.

Therapist's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If applicable, who brought the minor client to the intake session? \_\_\_\_\_

Patient/Client refuses to acknowledge receipt \_\_\_\_\_

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## Client Information

Client's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Gender (recognized by your insurance) \_\_\_\_\_ Age: \_\_\_\_\_ Soc. Sec. #: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Employment or school attending: \_\_\_\_\_ Grade (if applicable): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Physical Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Client's Mobile Phone (if applicable): \_\_\_\_\_ May we leave a message? Yes No

Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ May we email you for scheduling? Yes No

Please indicate how you would prefer appt. reminders: Text \_\_\_\_\_ Email \_\_\_\_\_ (or both ie. parent/child)

## Emergency Contact Information (required for all clients)

Contact name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Contact name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

## Responsible Party (for billing, scheduling, etc. - **only required for minors**)

Who is the primary legal guardian(s)? \_\_\_\_\_

Who is the responsible party for billing? \_\_\_\_\_

Address if different than above: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

May we leave a message? Yes No May we email you for scheduling? Yes No

Email: \_\_\_\_\_

Name and contact information of other guardian(s) that do not reside with client: \_\_\_\_\_

Should we include this guardian in all communication? Yes No

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## Payment/Insurance Information

*This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.*

Active credit cards must be kept on file to receive services at TBT. You may choose to pay cash/check at time of session. Credit card will be charged if other payment arrangements have not been confirmed with Billing Team.

Preferred payment method for each session: credit card to be kept on file cash/check at time of session

\_\_\_\_\_ (initial) I have been approved with TBT Billing Team for my special funding arrangement (indicate special funding source \_\_\_\_\_)

**\*\*Credit Card Required to be kept on file\*\***

Credit card #: \_\_\_\_\_

Name at it appears on card: \_\_\_\_\_

Expiration: \_\_\_\_\_ CVC code: \_\_\_\_\_ DEBIT or CREDIT

Billing address and zip code: \_\_\_\_\_

### Insurance Verification (required if billing insurance)

Would you like us to submit these claims to insurance? Yes No If so, please review the section below.

Is anyone in your family receiving Crime Victims Compensation? Yes No If so, please provide a copy of your letter from CVC explaining your benefits.

**\*\*Copy of the front and back of insurance card and current driver's license is required.\*\***

**If using TherapyNotes Portal or Formdr.com, please follow instructions to upload a photo of the front and back of insurance card and current driver's license. If you are having any issues, please email your copies to [billing@tetonbehaviortherapy.com](mailto:billing@tetonbehaviortherapy.com)**

Insurance company name: \_\_\_\_\_

Policy holder's name: \_\_\_\_\_ DOB of policy holder: \_\_\_\_\_

Address of policy holder (if different than client's address):  
\_\_\_\_\_  
\_\_\_\_\_

Insured's ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

Effective date: \_\_\_\_\_ Telephone number for benefits: \_\_\_\_\_

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**Primary Insurance:** We file claims with the client's insurance if all required information has been provided to TBT Billing Team. If the client did not provide documentation of insurance, payment is due at the time of service. Many insurance companies have strict "timely filing" rules. Its client's responsibility to make sure TBT has all updated information, including any change of insurance in any capacity.

**Secondary Insurance:** Clients with Medicare part B as their primary insurance may include a secondary insurance policy. No other secondary insurance will be accepted.

Please call your insurance company prior to your initial appointment to best understand your anticipated out-of-pocket cost. You can usually locate the phone number for Mental Health/Substance Abuse and/or Behavioral Health information on the back of your insurance card.

**Please make sure to request outpatient mental health benefits when calling your insurance company for information. Ask the following to reduce surprises:**

1. Does your insurance cover mental health counseling by a Licensed Professional Counselor or Licensed Clinical Social Worker?    Yes    No
2. Is TBT, LLC, Teton Behavior Therapy an in-network provider?    Yes    No  
*If not, ask if your plan pays for out-of-network benefits.    Yes    No*
3. Is there a deductible?    Yes    No
4. How much of the deductible has been met? \_\_\_\_\_
5. What is your co-pay or percentage you are expected to pay? \_\_\_\_\_
6. Is there a limit on visits per year?    Yes    No  
*If so, how many visits per year are issued? \_\_\_\_\_ How many have you used? \_\_\_\_\_*
7. Do the service limits run per traditional calendar year?    Yes    No  
*If not, how does the year run? \_\_\_\_\_*

Please feel free to contact our Billing Team before your session at [billing@tetonbehaviortherapy.com](mailto:billing@tetonbehaviortherapy.com) if you have questions after contacting your insurance company.



**TBT, LLC - Teton Behavior Therapy**  
**Client History Form**

Please briefly state your main concerns:

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Please list a few goals you would like to accomplish or address in therapy.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Household Information**

Who else lives in the client's household? Include names, ages, and quality of relationship.

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If applicable, custody and parenting plan (circle one): Lives with both parents (biological or adoptive)

Single-parent household

Shared custody (parents in different households)

Other: \_\_\_\_\_

**If applicable, please provide a copy of the separation or custody agreement to TBT.**

**Medical History**

Please note the age and any other pertinent information for the client's physical health history, including childhood developmental milestones:

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Physical and mental health medication history and current doses (include non-prescription medication):

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Primary care medical professional: \_\_\_\_\_ Date of last appointment: \_\_\_\_\_



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## Mood Rating Scale

### Completion required for Medicaid clients

Carefully consider which apply to the client (yourself or your child). Circle the corresponding number. (Based on the Hamilton Rating Scale and APA Level-1 Cross-Cutting Symptom Measure.)

#### Depressed mood (sad, gloomy, forlorn)

1. Definitely not depressed
2. Not sure
3. Mild
4. Moderate (brief periods of unhappiness or no emotion)
5. Severe (often sad or withdrawn)

#### Crying/Weeping

1. Normal (especially for developmental level)
2. Seems to cry more frequently than others
3. Cries frequently

#### Self-esteem

1. Describes self in mostly positive terms
2. Little or no evidence of lowered self esteem
3. Describes self in some positive and some negative terms
4. Positive and negative terms, but mostly negative
5. Refers to self in derogatory terms, or avoids the question

#### Morbid thinking (death, violence)

1. None apparent
2. Some morbid thoughts – related to actual events
3. Somewhat more than usual morbid thoughts
4. Elaborate or extensive morbid thinking

#### Suicide and suicidal ideation

#### Social withdrawal

1. Enjoys good friendships
2. Has several friends, not very close
3. Is passive in getting friends
4. Rejects opportunities for interaction
5. Does not relate to others

#### Expressive communication

1. Expresses self fairly well
2. Not very talkative, but will talk
3. Withdrawn, very reluctant to talk

#### Sleep

1. Occasional or no difficulty sleeping
2. Mild but frequent difficulty sleeping
3. Moderate difficulty sleeping almost every night
  - a. problem falling asleep
  - b. problem staying asleep
  - c. problem waking in morning

#### Disturbance of eating

1. No problem
2. Mild - Too little \_\_\_\_\_ Too much \_\_\_\_\_
3. Moderate - Too little \_\_\_\_\_ Too much \_\_\_\_\_

#### Frequent physical complaints (head, stomach)

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1. None apparent
2. Has thoughts of suicide – usually when angry
3. Recurrent thoughts of suicide
4. Thinks about suicide and names methods
5. Has recently attempted suicide

## Irritability (whining, chip on shoulder, hostility)

1. Normal amount
2. Occasional – slightly more than normal
3. Episodic – comes and goes
4. Frequent
5. Constant

## Schoolwork/Work

1. Performing at or above expected level
2. Not working to capacity or recent disinterest
3. Doing poorly in most areas or major decline
4. Incapable of doing work

## Capacity to have fun

1. Appropriate interests and hobbies
2. Has interests but lacks enthusiasm
3. Easily bored, “nothing to do”
4. “Goes through the motions” without real interest or enthusiasm
5. No initiative, watches others or only TV, must be coaxed to be involved in any activities

Form completed by: \_\_\_\_\_

1. No complaints
2. Occasional complaints but easily reassured
3. Frequent complaints
4. Preoccupied with aches and pains

## Energy level

1. Normal
2. Occasional complaints of fatigue
3. Frequent complaints of being tired

## Activity level

1. Activity at usual level
2. Slight reduction of activity level
3. Activity greatly reduced from usual or very slow in talking, walking, and other activity

## In the past two weeks, has the client:

1. Had an alcoholic beverage (beer, wine, liquor, etc.)?  
Yes      No      Don't know
2. Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco  
Yes      No      Don't know
3. Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)?  
Yes      No      Don't know
4. Used any medicine without a doctor's prescription (e.g. painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)?  
Yes      No      Don't know

If “yes,” which substances? \_\_\_\_\_  
\_\_\_\_\_

Comments:

## Client's Rights and Responsibilities Statement

# **TBT, LLC - Teton Behavior Therapy**

## **Statement of Client's Rights**

Clients have the right to the following:

- To receive full information about their therapist's knowledge, skills, preparation, experience, and credentials.
- To be informed about the options available for treatment interventions and the effectiveness of the recommended treatment.
- To fully participate in all decisions related to their health care. If unable to fully participate in decisions related to health care, the client may be represented by parents, guardians, or other family members.
- To make final decisions regarding the recommendations of the therapist.
- To change to an alternative therapist if they so choose.
- To pursue a second opinion.
- To be involved in discharge planning from treatment beginning to termination.
- To submit complaints or grievances.
- To confidentiality. Any disclosure to another party will only be made with the knowing, written consent of the client and will be time limited, unless laws or ethics dictate otherwise. Entities receiving information for the purpose of benefits determination, public agencies receiving information for health care planning, or any other organization with legitimate right to information will maintain clinical information in confidence with the same rigor and be subject to the same penalties for violation as is the direct provider of care. All client information is treated as private and confidential.
- To considerate, respectful care.
- To receive quality mental health services, which shall be provided to all individuals without regard to race, ethnicity, nationality, religious belief, gender, age, sexual orientation, or disability.

## **Statement of Client's Responsibilities**

Clients are responsible for the following:

- For providing accurate and complete information about all matters pertaining to your health, including medications and past or present medical and/or mental health problems.
- For reporting changes in their condition or symptoms.
- For identifying and reporting any safety concerns that may affect your care.
- For asking if you do not understand information about your care or treatment.
- For informing their provider if unsatisfied with any aspect of their care.
- For participating in the planning of their care, including termination and discharge planning.
- For keeping scheduled appointments and canceling appointments 24 hours in advance.
- For full payment of services should their insurance company or 3<sup>rd</sup> party payer not provide payment.
- For paying their office co-pay or co-insurance as their benefits plan dictates.

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## Notice of Privacy Practices

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.**

**PLEASE REVIEW THIS NOTICE CAREFULLY.**

Your health record contains personal information about you and your health. This information about you that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services is referred to as Protected Health Information (“PHI”). This Notice of Privacy Practices describes how we may use and disclose your PHI in accordance with applicable law and the *NASW Code of Ethics*. It also describes your rights regarding how you may gain access to and control your PHI.

We are required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices with respect to PHI. We are required to abide by the terms of this Notice of Privacy Practices. We reserve the right to change the terms of our Notice of Privacy Practices at any time. Any new Notice of Privacy Practices will be effective for all PHI that we maintain at that time. We will provide you with a copy of the revised Notice of Privacy Practices by posting a copy on our website, sending a copy to you in the mail upon request or providing one to you at your next appointment.

### HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

**For Treatment.** Your PHI may be used and disclosed by those who are involved in your care for the purpose of providing, coordinating, or managing your health care treatment and related services. This includes consultation with clinical supervisors or other treatment team members. We may disclose PHI to any other consultant only with your authorization. We may also contact you to remind you of your appointments or to provide information to you about treatment alternatives or other health-related benefits and services that may be of interest to you.

**For Payment.** We may use and disclose PHI so that we can receive payment for the treatment services provided to you. This will only be done with your authorization. Examples of payment-related activities are: making a determination of eligibility or coverage for insurance benefits, processing claims with your insurance company, reviewing services provided to you to determine medical necessity, or undertaking utilization review activities. If it becomes necessary to use collection processes due to lack of payment for services, we will only disclose the minimum amount of PHI necessary for purposes of collection.

**For Health Care Operations.** We may use or disclose, as needed, your PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. For example, we may share your PHI with third parties that perform various business activities (e.g., billing or typing services) provided we have a written contract with the business that requires it to safeguard the privacy of your PHI. For training or teaching purposes PHI will be disclosed only with your authorization.

**Required by Law.** Under the law, we must disclose your PHI to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule.

**Without Authorization.** Following is a list of the categories of uses and disclosures permitted by HIPAA without an authorization. Applicable law and ethical standards permit us to disclose information about you without your authorization only in a limited number of situations.

As a social worker licensed in this state and as a member of the National Association of Social Workers, it is our practice to adhere to more stringent privacy requirements for disclosures without an authorization. The

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following language addresses these categories to the extent consistent with the *NASW Code of Ethics* and HIPAA.

**Child Abuse or Neglect.** We may disclose your PHI to a state or local agency that is authorized by law to receive reports of child abuse or neglect.

**Judicial and Administrative Proceedings.** We may disclose your PHI pursuant to a subpoena (with your written consent), court order, administrative order or similar process.

**Deceased Patients.** We may disclose PHI regarding deceased patients as mandated by state law. A release of information regarding deceased patients may be limited to an executor or administrator of a deceased person's estate.

**Medical Emergencies.** We may use or disclose your protected health information in a medical emergency situation to medical personnel only in order to prevent serious harm. Our staff will try to provide you a copy of this notice as soon as reasonably practicable after the resolution of the emergency.

**Family Involvement in Care.** We may disclose information to close family members or friends directly involved in your treatment based on your consent or as necessary to prevent serious harm.

**Health Oversight.** If required, we may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information include government agencies and organizations that provide financial assistance to the program (such as third-party payors based on your prior consent) and peer review organizations performing utilization and quality control.

**Law Enforcement.** We may disclose PHI to a law enforcement official as required by law, in compliance with a subpoena (with your written consent), court order, administrative order or similar document, for the purpose of identifying a suspect, material witness or missing person, in connection with the victim of a crime, in connection with a deceased person, in connection with the reporting of a crime in an emergency, or in connection with a crime on the premises.

**Specialized Government Functions.** We may review requests from U.S. military command authorities if you have served as a member of the armed forces, authorized officials for national security and intelligence reasons and to the Department of State for medical suitability determinations, and disclose your PHI based on your written consent, mandatory disclosure laws and the need to prevent serious harm.

**Public Health.** If required, we may use or disclose your PHI for mandatory public health activities to a public health authority authorized by law to collect or receive such information for the purpose of preventing or controlling disease, injury, or disability, or if directed by a public health authority, to a government agency that is collaborating with that public health authority.

**Public Safety.** We may disclose your PHI if necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

**Research.** PHI may only be disclosed after a special approval process.

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**Verbal Permission.** We may also use or disclose your information to family members that are directly involved in your treatment with your verbal permission.

**With Authorization.** Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization, which may be revoked.

### **YOUR RIGHTS REGARDING YOUR PHI**

You have the following rights regarding PHI we maintain about you. To exercise any of these rights, please submit your request in writing to our Privacy Officer, Jennifer Bradof, at PO Box 2299, Jackson, WY 83001 or call 307-734-6040.

- **Right of Access to Inspect and Copy.** You have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that is maintained in a “designated record set”. A designated record set contains mental health/medical and billing records and any other records that are used to make decisions about your care. Your right to inspect and copy PHI will be restricted only in those situations where there is compelling evidence that access would cause serious harm to you. We may charge a reasonable, cost-based fee for copies. If your records are maintained electronically, you may also request an electronic copy of your PHI.
- **Right to Amend.** If you feel that the PHI we have about you is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us. We may prepare a rebuttal to your statement and will provide you with a copy. Please contact the Privacy Officer if you have any questions.
- **Right to an Accounting of Disclosures.** You have the right to request an accounting of certain of the disclosures that we make of your PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.
- **Right to Request Restrictions.** You have the right to request a restriction or limitation on the use or disclosure of your PHI for treatment, payment, or health care operations. We are not required to agree to your request unless the request is to restrict disclosure of PHI to a health plan for purposes of carrying out payment or health care operations, and the PHI pertains to a health care item or service that you paid for out of pocket. In that case, we are required to honor your request for a restriction.
- **Right to Request Confidential Communication.** You have the right to request that we communicate with you about medical matters in a certain way or at a certain location.
- **Breach Notification.** If there is a breach of unsecured protected health information concerning you, we may be required to notify you of this breach, including what happened and what you can do to protect yourself.
- **Right to a Copy of this Notice.** You have the right to a copy of this notice.

### **COMPLAINTS**

If you believe I have violated your privacy rights, you have the right to file a complaint in writing to me at Teton Behavior Therapy PO Box 2299, Jackson, WY 83001 or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W., Washington, D.C. 20201 or by calling (202) 619-0257. **We will not retaliate against you for filing a complaint.**

**The effective date of this Notice is March 2010.**